



Don't want to talk, text, and drive?

There are apps for that.



LifeSaver is a free app that detects when you're driving and blocks phone use. It's designed for parents, who can use it to see when their teens are behind the wheel and avoid texting them during that time. If their teen unlocks LifeSaver while driving, parents will get an alert.



You in the Driver Seat is a free app for youth ages 16-25. Rewards in the form of gift cards are earned for any "Safe" trips where no points are deducted for driving infractions such as taking a phone call or sending a text. For information about the free app and rewards program, visit t-driver.com/you-in-the-driver-seat-app.



SAFE 2 SAVE is a free app that awards drivers two points for every minute they drive over 10 mph without touching their phone. If it's moved while they drive, the app will trigger a "Don't Tech and Drive" notification and stop awarding points. App users can redeem their points for local business discounts. Learn more about the app at safe2save.org.



Do Not Disturb While Driving (DND) mode.

Most phones have a DND While Driving mode that can be set to work automatically or turned on by swiping to the Control Center. DND reduces notifications, distractions, and screen activity, all to make driving safer. Check your phone's Do Not Disturb settings to set up DND While Driving.



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